

## Who can use *Reconnect*

12 - 18 year olds

- ◆ at risk of leaving home
- ◆ who have left their family home within the last 8 weeks
- ◆ and/or their families and friends

## Who can use *Getting it Together*

12 - 18 year olds

- ◆ with Alcohol and/or other Drug misuse or abuse issues
- ◆ want information about Alcohol and or other Drugs



Assists young people and their families or friends in many different ways:

- ◆ Help sort out hassles between parents/guardians and young people.
- ◆ Provide a safe place to talk
- ◆ help find out who is the best person to talk with.
- ◆ speak up on your behalf if you need to talk with other services or government departments and you are not sure what to do.
- ◆ We can provide help to assist you to stay involved in school, training, sports or finding work

**We aim to assist people identify their strengths and find ways of resolving issues that impact**

## *Getting it Together*

Aims to help young people find opportunities for positive change in their life by:

- \* the creation of ongoing positive family and community relationships.
- \* Building self esteem , personal growth and life skills
- \* Addressing personal issues and health problems
- \* Education on the impacts of alcohol and other drugs (AoD).
- \* promoting harm minimisation and AoD misuse reduction
- \* connecting young people to specialist services where appropriate

**NRSDC Youth Programs values client privacy and self determination, to find out more just give us a call.**

# Accessing NRSDC Youth Programs

Young people and families can  
contact us directly

OR

Referrals can be made through  
services such as:

☐ Schools

☐ Department of Community  
Services

☐ Centrelink

☐ Community Organisations

☐ Government Department

**Phone: (02) 66201881**

**Fax: (02) 66201899**

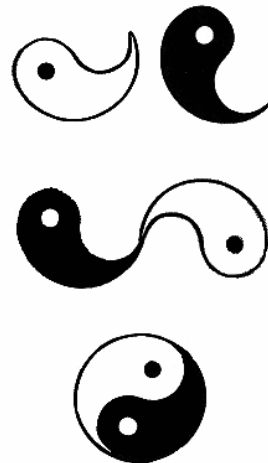
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**NRSDC**

**22 Cathcart Street  
LISMORE NSW 2480**



**Reconnect Staff are also located at**

<b>Clarence</b>	<b>(02) 6642 6494</b>
<b>Tweed Valley</b>	<b>(07) 5524 8711</b>
<b>Casino</b>	<b>(02) 6662 8052</b>
<b>Ballina</b>	<b>(02) 66864366</b>

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## Youth Programs



**Young People  
At risk or recently  
homeless and their families**

**GETTING IT TOGETHER**

**Supporting Young People  
with Alcohol and/ or other  
Drug issues**